

*St. Mary's Parish Church, Beaufort  
Our Lady of the Valley, Black Valley*

**St. Patrick's Breastplate**

There is a legend of how King Laoghaire invited St. Patrick to a conference at Tara on Easter night. His intention was to ambush St. Patrick and his eight companions. Tradition has it that St. Patrick composed the hymn known as *The Deer's Cry* or the *Breastplate* as a protection against the ambush. In answer to St. Patrick's prayer, all that King Laoghaire's soldiers saw that night were eight deer and a fawn (the boy, Benignus) passing along the way.



**An Extract of The Deer's Cry**

I arise today through  
God's strength to pilot me, God's might to uphold me, God's wisdom to guide me,  
God's eye to look before me, God's ear to hear me, God's word to speak for me,  
God's hand to guard me, God's way to lie before me, God's shield to protect me,  
God's host to secure me – against the snares of devils, against temptation of vices,  
Against inclinations of nature, against everyone who shall wish me ill,  
Afair and near, alone in a crowd.

*St. Patrick's Day Thursday 17<sup>th</sup> March 2011*

Mass & Intentions for the coming days			
Wed 16 <sup>th</sup>	Valley	6.00pm	Vigil Mass for St. Patrick's Day.
Wed 16 <sup>th</sup>	Beaufort	7.30pm	Vigil Mass for St. Patrick's Day. Get Well Mass for Stephen Doody.
Thurs 17 <sup>th</sup>		9.00am	St. Mary of the Angels. St. Patrick's Day.
Thurs 17 <sup>th</sup>	Beaufort	10.30am	St. Patrick's Day. Timothy Scully.Keel– Kilgobnet.
Fri 18 <sup>th</sup>	Beaufort	7.30pm	Mossie Breen. Shancloon.
Sat 12 <sup>th</sup>	Valley	6.00pm	
Sat 12 <sup>th</sup>	Beaufort	7.30pm	Kathleen & Donal O'Connell.
Sun 13 <sup>th</sup>		9.00am	St. Mary of the Angels.
Sun 13 <sup>th</sup>	Beaufort	10.30am	Angela Sullivan.

**PRAYER TO ST. PATRICK**

Saint Patrick, apostle of Ireland, watch over your people.  
Stranger and slave, protect our emigrants.  
Prayerful youth, inspire all the young.  
Famished and frightened, make us see the poor.  
Alone on the hillside, now teach us to pray.  
Reader of dreams, still walk among us.  
Bishop and priest, confirm what is noble and true.  
Kindler of fire, fan our faith into flame.  
Baptiser of kings and of commons, steep us in gospel ways.  
Exile for God, be with all missionaries.  
Pilgrim to provinces, join our hands in friendship.  
Climber of mountains, unveil the beauty of creation.  
Preacher of mercy, sow peace in our homes.  
Humblest of sinners, convince us of sin and of grace.  
Protector and patron, reveal Christ beside us.  
Father of faith, pray that Christ be within us forever.

**ST. PATRICK, Principal Patron of Ireland, Pray for us.**

*Fr. Dónal wishes all Parishioners a  
Happy St. Patrick Day!*